



## Your Home, Your Choice *Lincoln Vista Assisted Living Apartments*



Four living options on one campus mean a secure and comfortable life even as your interests and needs change. As a Continuing Care Retirement Community (CCRC), we are committed to providing all our residents with housing and programs that enrich their lives – mind, body and spirit.

In 2003, The Kenney added 46 apartments to make services available to residents who need extra help with daily tasks. Each private **Lincoln Vista** apartment has a kitchenette with a full-size refrigerator, microwave and sink, and a large, fully accessible bathroom. You also have your own programmable temperature control with heating and air conditioning.

As a resident of Lincoln Vista, you can receive personal care services such as medication management, bathing and dressing assistance, meal and activity reminders, and staff members to help you get to and fro. You also have the comfort of knowing that a licensed nurse is on staff 24 hours a day, seven days a week should an emergency arise. Our Certified Nursing Assistant Staff ratio is one to 10.

The Kenney actually offers **six levels** of assisted care, the most comprehensive scope of services for assisted living in West Seattle. That makes us a great choice for couples want to live together despite having different needs.

The Lincoln Vista dining room has helpful servers and meals with a minimum of two entrée choices along with fresh soups, salads and other side dishes.

Your basic monthly fee in the Lincoln Vista Apartments covers:

- Three meals a day, snacks and beverages
- Some therapeutic diet management
- Weekly housekeeping service
- Weekly linen exchange – sheets and towels
- Personal laundry service
- Water, sewer, garbage, electricity
- Local telephone service (long distance fees apply)
- Cable television (extended basic service)
- Emergency alert system
- Upkeep and repair of Kenney-supplied appliances and fixtures
- Move-in assistance: Within the first 30 days of residency, The Kenney will provide assistance in hanging pictures, drapes, moving furniture, etc., free of charge
- Maintenance of buildings and grounds

