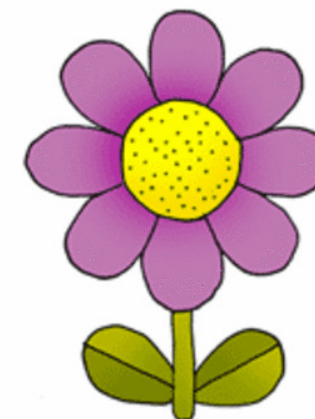






Ballymena & Kenney Activities and Events *May 2012*



Events Keys:
Meetings are underlined
Special Events are in bold
Music Events are italicized
Trips are in BLUE
 Asterisk signifies a change

Activities: 5105 Activities Hotline: 5713 Transportation: 5202

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|---|
| <p>Room Abbreviations</p> <p>AC Arts and Craft Room BGV Ballymena Garden View BPL Ballymena Patio Lounge C Chapel CR 1, 2, 3 Community Rooms 1, 2 & 3 FL Fireside Lounge Lib Library LVC Lincoln Vista Café LVDR Lincoln Vista Dining Room LVP Lincoln Vista Parlor MDR Main Dining Room R Restorative Office</p> | | <p>1</p> <p>9:15 Junction Shopping</p> <p>10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 1:00 Alki Beach Walks 3:30 Trivia (LVC) 6:30 Movie (C)</p>  | <p>2</p> <p>9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 10:45 Exercise (CR2) 12:30 YMCA Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) <u>3:00 Ballymena Council (BPL)</u> 6:30 Bingo (CR 3)</p> | <p>3</p> <p>9:30 Catholic Service (C) 10:00 Word Games (LVC) 10:30 Boeing Tour (Everett) 11:00 Sittercise (CR2) 1:30 Dean Martin Variety Show (LVP) 3:30 Happy Hour (FL) 6:30 Movie (C) 7:00 Chi Gong (CR 2)</p> | <p>4</p> <p>9:15 Junction Shopping</p> <p>10:00 Name That Tune (LVC) 10:45 Exercise (CR2) <u>1:30 Town Hall (CR 1 & 2)</u> 3:00 Tai Chi (*CR 3) 4:00 Men's Group (BPL)</p> | <p>5 <i>Cinco de Mayo</i></p> <p>10:30 Brunch: Sazerac's</p> <p>11:00 Sittercise (CR2) 2:30 Bluebeard's Castle Preview (CR 2) 6:30 Movie (C)</p> |
| <p>6</p> <p>10:30 Calvary Lutheran Service (C) 2:00 Gerry Waters Memorial (CR 1, 2 & 3) 3:30 Worship w/ Michael D. Byus, The Kenney (C)</p> | <p>7</p> <p>10:00 Chaplains Chat (LVC) 10:45 Exercise (CR2) <u>1:30 Garden Committee (BPL)</u> 3:00 Birthday Social w/ Lauren Petrie (CR 1, 2 & 3)</p> | <p>8</p> <p>9:15 Junction Shopping</p> <p><u>10:00 Euch. Service (C)</u> 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 1:00 Grace Nelson Memorial (CR1,2) 3:30 Trivia (LVC) 6:30 Movie (C) 6:30 W. Seattle See Dogs (CR 2)</p> | <p>9 8:30 Men's Breakfast</p> <p>9:00 Bible Study (C) 10:45 Exercise (CR2) 12:30 YMCA Water Exercise <u>1:30 Caregiver Support Group (CR 1)</u> <u>2:00 Diabetes Group (C)</u> 2:30 Crossword (FL) 6:45 Ray Cole Band (CR 2)</p> | <p>10</p> <p>8:30 Women's Breakfast</p> <p>9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C) 7:00 Movie Downtown</p> | <p>11</p> <p>9:15 Junction Shopping</p> <p>10:00 Name That Tune! (LVC) 10:45 <i>Bookmobile (ML)</i> <u>2:00 Discussion Group (C)</u> 2:00 Mother's Day: China Cups & China Dolls (CR 2) 3:00 Tai Chi (* CR 3) 4:00 Men's Group (BPL)</p> | <p>12</p> <p>10:30 Cougar Mountain Trip</p> <p>11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR 3) 6:30 Movie (C)</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|--|
| <p>13 10:30 Calvary Lutheran Service (C) 2:00 Snacks & Games (LVC) 3:30 Worship w/ Rev. Steve Coats, Retired (C)</p>  | <p>14 10:00 Chaplains Chat (LVC) 10:45 Exercise (CR2) 1:00 Kennedy High School Chamber Orchestra (CR 2) 1:00 Fred Meyer 2:30 Monday Social (FL)</p> | <p>15 9:15 Junction Shopping 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) <u>1:00 Food Meeting (MDR)</u> 1:00 Alki Beach Walks <i>3:00 Health Forum: Massage Therapy (CR 2)</i> 6:00 Bluebeard's Castle 6:30 Movie (C)</p> | <p>16 9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 10:45 Exercise (CR2) 12:30 YMCA Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) 3:00 Computer Word Games (LVC) 6:30 Bingo (CR 3)</p> | <p>17 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Variety Show (LVP) 2:30 Book Club (Lib) 3:00 Bingo (LVC) 6:00 Bluebeard's Castle 6:30 Movie (C) 7:00 Meditation/Chi Gong (CR 2)</p> | <p>18 9:15 Junction Shopping 10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 1:00 Trader Joe's 2:00 Wine & Cheese (LVC) <u>2:00 Grief Support Group (C)</u> 3:00 Tai Chi (CR 2) 4:00 Men's Group (BPL)</p> | <p>19 10:00 Pet Palooza (Auburn) 11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR 3) 6:30 Movie (C)</p> |
| <p>20 10:30 Calvary Lutheran Service (C) 2:00 Snacks & Games (LVC) 3:30 Worship w/ Rev. David Kratz, Fauntleroy UCC (C)</p> | <p>21 <u>10:00 Parkinson's Support Group (CR 1)</u> 10:00 Chaplains Chat (LVC) 10:45 Exercise (CR2) 2:30 Monday Social (FL) 7:15 Alpha Singers (CR 2)</p> | <p>22 9:15 Junction Shopping 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 1:00 Alki Beach Walks 2:30 Music w/ Dan Roberts (CR 2) 3:30 Trivia (LVC) 6:30 Movie (C) 6:30 West Seattle See Dogs (CR 2)</p> | <p>23 9:00 Bible Study (C) 10:45 Exercise (CR2) 12:30 YMCA Water Exercise <u>2:00 Low Vision Support Group (C)</u> 2:30 Crossword (FL) 3:30 Good Neighbors (CR 1) 6:30 Bingo (CR 3)</p> | <p>24 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Lunch Out: Cactus! 11:00 Sittercise (CR2) 1:30 Dean Martin Variety Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C)</p> | <p>25 9:15 Junction Shopping 10:00 Name That Tune (LVC) 10:45 Exercise (CR2) <u>2:00 Discussion Group (C)</u> 3:00 Tai Chi (CR 2) 4:00 Men's Group (BPL)</p> | <p>26 10:30 Sorrento High Tea 11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR 3) 6:30 Movie (C)</p> |
| <p>27 10:30 Calvary Lutheran Service (C) 2:00 Snacks & Games (LVC) 3:30 Worship w/ Ms. Kathryn Garnett, UMC (C)</p> | <p>28 Memorial Day 10:00 Chaplains Chat (LVC) 10:45 Exercise (CR2) 1:30 Word Games (LVC) 3:00 DJ Dave Langley (CR 2)</p> | <p>29 9:15 Junction Shopping 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 1:00 Alki Beach Walks 3:30 Trivia (LVC) 6:30 Movie (C)</p> | <p>30 9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 10:45 Exercise (CR2) 12:30 King Tut (Science Center) 1:30 Gardening (LVC) 2:30 Crossword (FL) 6:30 Bingo (CR 3)</p> | <p>31 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Variety Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C)</p> | <p>May 2012</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p><i>* Activity Programs are subject to change without notice. For more information please contact Activities at Ext: 5105</i></p> </div> | |

Room Abbreviations

| | |
|------------|---------------------------|
| AC | Arts and Craft Room |
| BGV | Ballymena Garden View |
| BPL | Ballymena Patio Lounge |
| C | Chapel |
| CR 1, 2, 3 | Community Rooms 1, 2 & 3 |
| FL | Fireside Lounge |
| Lib | Library |
| LVC | Lincoln Vista Café |
| LVDR | Lincoln Vista Dining Room |
| LVP | Lincoln Vista Parlor |
| MDR | Main Dining Room |
| R | Restorative Office |

May

*The Kenney
Lincoln Vista
Activities & Events*



Events Keys:
Meetings are underlined
Special Events are in bold
Music Events are italicized
Trips are in BLUE

Activities: 5105 Activities Hotline: 5713 Transportation: 5202

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|--------|--------|---------|-----------|----------|--------|----------|



| | | | | | | |
|---|---|---|--|---|--|--|
| <p>6</p> <p>10:30 Calvary Lutheran Service (C) 2:00 Gerry Watters Memorial Service (CR 1, 2 & 3) 3:30 Worship w/ Michael D. Byus, The Kenney (C)</p> | <p>7</p> <p>10:00 Chaplain's Chat (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:30 <u>Garden Committee (BPL)</u> 3:00 Birthday Social w/ Lauren Petrie (CR 1, 2, & 3)</p> | <p>8</p> <p>10:00 <u>Tiny Tots (CR2)</u> 10:00 <u>Eucharist Service (C)</u> 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Grace Nelson Memorial (CR 1, 2) 3:30 Scrabble (LVC) 6:30 Movie (C) 6:30 W. Seattle See Dogs (CR 2)</p> | <p>9</p> <p>8:30 Men's Breakfast 9:00 Bible Study (C) 10:00 Name That Tune (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 <u>Caregiver Group (CR 1)</u> 1:30 Gardening (LVC) 3:00 Computer Puzzle Games (LVC) 6:45 Ray Cole Band (CR2)</p> | <p>10</p> <p>8:30 Women's Breakfast 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Fit and Fun! (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C) 7:00 Chi Gong (CR2)</p> | <p>11</p> <p>10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 10:45 Bookmobile (ML) 11:00 Fit & Fun! (LVC) 2:00 Mother's Day: "China Cups & China Dolls" (CR 2) 3:00 Tai Chi (*CR3) 4:00 Men's Group (BPL)</p> | <p>12</p> <p>10:30 Cougar Mountain Trip 11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR3) 6:30 Movie (C)</p> |
| <p>1</p> <p>10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Alki Beach Walk 3:30 Trivia (LVC) 6:30 Movie (C)</p> | | | | | | |
| <p>2</p> <p>9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) 3:00 Computer Word Games (LVC) 6:30 Bingo (CR3)</p> | | | | | | |
| <p>3</p> <p>9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Fit and Fun! (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Show (LVP) 3:30 Happy Hour (FL) 6:30 Movie (C)</p> | | | | | | |
| <p>4</p> <p>10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:30 <u>Town Hall (CR 1 & 2)</u> 3:00 Tai Chi (*CR3) 4:00 Men's Group (BPL)</p> | | | | | | |
| <p>5</p> <p>10:30 Brunch: Sazerac's 11:00 Sittercise (CR2) 2:30 Bluebeard's Castle Preview (CR 2) 6:30 Movie (C)</p> | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|--|
| 13 ***MOTHER'S*** *****DAY***** 10:30 Calvary Lutheran Service (C) 2:00 Snack and Games (LVC) 3:30 Worship w/ Rev. Steve Coats (C) | 14 10:00 Chaplain's Chat (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Kennedy High School Chamber Orchestra (CR 2) 2:30 Monday Social (FL) | 15 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 <u>Food Meeting (MDR)</u> 1:00 Alki Beach Walk 3:00 <u>Health Forum: Massage Therapy (CR 2)</u> 3:30 Trivia (LVC) 6:30 Movie (C) | 16 9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) 3:00 Computer Word Games (LVC) 6:30 Bingo (CR3) | 17 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Fit and Fun (LVC) 11:00 Sittercise (CR2) 1:00 Alki Beach Walk 1:30 Dean Martin Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C) 7:00 Chi Gong (CR 2) | 18 10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 2:00 Wine and Cheese (LVC) 2:00 <u>Grief Support Group (C)</u> 3:00 Tai Chi (CR2) 4:00 Men's Group (BPL) | 19 10:00 Chat with Charlie (LVC) 11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR3) 6:30 Movie (C) |
| 20 10:30 Calvary Lutheran Service (C) 2:00 Snack & Games (LVC) 3:30 Worship w/ Rev. David Kratz, Fauntleroy UCC (C) | 21 10:00 <u>Parkinson's Support Group (CR 1)</u> 10:00 Chaplain's Chat (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 2:30 Monday Social (FL) 7:15 The Alpha Singers (CR2) | 22 10:00 Tiny Tots (CR2) 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Alki Beach Walk 2:30 Dan Roberts (CR2) 3:30 Scrabble (LVC) 6:30 Movie (C) | 23 9:00 Bible Study (C) 10:00 Name That Tune (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 <u>LV Meeting (LVD)</u> 2:30 Crossword (FL) 3:30 <u>Good Neighbors (CR 1)</u> 6:30 Bingo (CR3) | 24 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Sittercise (CR2) 11:00 Fit and Fun! (LVC) 1:30 Dean Martin Variety Show (LVP) 2:30 Book Club (L) 3:00 Bingo (LVC) 6:30 Movie (C) | 25 10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Country Ride 3:00 Tai Chi (CR2) 4:00 Men's Group (BPL) | 26 10:30 Sorrento High Tea 11:00 Sittercise (CR2) 2:00 Matinee Movie (LVC) 3:30 Bingo (CR3) 6:30 Movie (C) |

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|---|---|--|---|--|
| 27 10:30 Calvary Lutheran Service (C) 2:00 Snack & Games (LVC) 3:30 Worship w/ Ms. Kathryn Garnett, UMC (C) | 28 10:00 Chaplain's Chat (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:30 Word Games (LVC) 3:00 Dave Langley (CR2) | 29 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Alki Beach Walk 3:30 Trivia (LVC) 6:30 Movie (C) | 30 9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) 3:00 Computer Puzzle Games (LVC) 6:30 Bingo (CR3) | 31 9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Fit and Fun! (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Variety Show (LVP) 3:00 Bingo (LVC) 6:30 Movie (C) |
|---|---|--|---|--|



⇒ Activity Programs are subject to change without notice.
 ⇒ For more information please contact Activities

MAY 2012