



The Kenney Weekly



May 13th– 19th, 2012

Activity & Event Hotline: Dial x5713

HEADLINES

Birthdays!

5/16 Mary
Jane H.



Support Groups!

Just a reminder, support group calendars are located across from the reception desk. Please pick one up. This week: Grief Support Group on Friday in the Chapel, beginning at 2pm.

Town Hall

You may be wondering, why another Town Hall meeting? Didn't we just have one? There were a few items that were missed on the agenda that need to be addressed. Please join us on Monday at 2:30pm in Community Room 2 for round two of Town Hall. We hope you can all join us.

Sign-Language

Activities is inquiring if any of our residents know sign-language. If you have some skill or knowledge of signing, please contact Amy at extension x5105.

Volunteers needed!

Are you organized and efficient? Do you have some extra time to help on a long term project? Then Katie Krause is the perfect person to talk to! She is looking for help on our Resident Photo Directory, provided for all residents to get to know the folks living in our community. If you are interested in helping out, please contact Katie at extension 5124.

Sybil Woodman Memorial

Join family and friends for a memorial for this lovely woman, Friday at 2pm in Community Room 2.

Trips this week:

- ◆ **Monday, 5/14.** Fred Meyer. **Departure Time: 1pm.**
- ◆ **Tuesday, 5/15.** Junction Shopping. **Departure Time: 9:15am.**
- ◆ Alki Beach Walk. **Departure Time: 1pm.**
- ◆ Bluebeard's Castle. **Departure Time: 6pm.**
- ◆ **Wednesday, 5/16.** YMCA Water Exercise. **Departure Time: 12:30pm.**
- ◆ **Thursday, 5/17.** Bluebeard's Castle. **Departure Time: 6pm.**
- ◆ **Friday, 5/18.** Junction Shopping. **Departure Time: 9:15am.**
- ◆ Trader Joes. **Departure Time: 1pm.**
- ◆ **Saturday, 5/19.** Pet Palooza. **Departure Time: 10am.**

Please call x5202 or sign up at the Activities Office if interested.



Trips.

- **Monday, May 14th, Fred Meyer:** The normal Friday Fred Meyer trip was moved, so please put this new date on your calendar. Just a reminder that we can only take 6 people due to the number of walkers and wheelchairs. If there is a large wait list, we will plan an extra trip to accommodate everyone's needs. Thank you and see you on the bus at 1pm.
- **Tuesday, May 15th and Thursday, May 17th, Bluebeard's Castle Trips:** Don't forget about Charlie's Opera, Bluebeard's Castle, playing at Benaroyal Hall. We will be leaving for these trips at 6pm for a 7pm performance. We expect these to be late nights and hope to return by 10:30pm. Thank you!
- **Saturday, May 19th, Pet Palooza (Auburn):** An event for pet lovers and a special day for your four-legged family member or other furry friend. The event features an animal-related entertainment stage, live entertainment, Disc Dog Championships, pony rides, a noon pet parade, over 150 vendor booths, giveaways and lots, lots more! Be prepared for a day of fun and adventure with us. The bus will leave at 10am and we expect to return in the afternoon.
- **Monday, May 21st, To the Arctic:** An extraordinary journey to the top of the world, the documentary adventure "To The Arctic" tells the ultimate tale of survival. The film takes audiences on a journey into the lives of a mother polar bear and her twin seven-month-old cubs as they navigate the changing Arctic wilderness they call home. Captivating footage brings moviegoers up close and personal with this family's struggle to survive in a frigid environment of glaciers, waterfalls, and majestic snow-bound peaks. We will be headed downtown at 12pm for a 1pm showing. The movie will cost \$10. We hope you can join us!
- **Saturday, May 26th, Sorrento High Tea:** It's time for a morning on the town! Join us for a bus ride to Capitol Hill, where we will dine on tea in the Fireside Room at The Sorrento Hotel. This should be a wonderful event. The cost of the tea is **\$35**. We will leave at 10am and expect to return in the early afternoon.
- **Wednesday May 30th, King Tut, Science Center:** Step into one of history's most treasured stories in *Tutankhamun: The Golden King and the Great Pharaohs*, opening at Pacific Science Center. The exhibition features more than 100 objects from King Tut's tomb and ancient sites representing some of the most important rulers throughout 2,000 years of ancient Egyptian history. We will be taking a tour (estimated to be about 90 minutes) and then watching the movie on IMAX. The cost is \$33.50 for Science Center admission and the movie. This will be an all day event. Please plan accordingly. We will leave The Kenney at 12:30pm.

Activity Contact Information:

- Amy Seebeck, Director of Activities: **Ext. 5105**, aseebeck@thekenney.org
- Charlie Austin & Jazz Arriola, Driver & Activity Coordinator: **Ext. 5202**
- Iris Williams, Rachel Rockett, Emily Frankie & Kate Hawley, Activity Assistants: **Ext. 5107**



MOVIES

Tuesday 15th

Jane Eyre. (1944. NR. 97 Minutes)

Thursday the 17th

Up. (2009. PG. 96 Minutes)

Saturday 19th

Goodbye Mr. Chips. (1939. NR. 114 Minutes)

**Movie reviews are posted on bulletin boards
around campus and in the elevators.**

ANNOUNCEMENTS

Health Forum

Join Wendy Nathan, massage therapist, for our health forum coming up on Tuesday. Learn about the benefits of massage and what it can do to increase your health and wellness. See you in Community Room 2 at 3pm.



Room Abbreviations

- CR 1, 2, 3 Community Rooms LVC Lincoln Vista Café LVP Lincoln Vista Parlor
- FL Fireside Lounge LVDR Lincoln Vista Dining Room BPL Ballymena Patio Lounge
- C Chapel BGV Ballymena Garden View GC Garden Court Dining Room

EVENTS May 13th-19th *Trips are highlighted in blue*

<i>Sunday</i> 13	<i>Monday</i> 14	<i>Tuesday</i> 15			
10:30 Calvary Lutheran Service (C) 2:00 Snacks and Games (LVC) 3:30 Worship w/ Rev. Steve Coats (C)	10:00 Chaplain's Chat (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Kennedy High School Chamber Orchestra (CR 2) 1:00 Fred Meyer 2:30 Town Hall (CR 2)	9:15 Junction Shopping 10:00 BP Clinic (K371) 11:00 Sittercise (CR2) 11:00 Fit & Fun! (LVC) 1:00 Alki Beach Walk 3:00 <u>Health Forum: Massage Therapy (CR 2)</u> 6:00 Bluebeards Castle			
<i>Wednesday</i> 16	<i>Thursday</i> 17	<i>Friday</i> 18	<i>Saturday</i> 19		
9:00 Bible Study (C) 10:00 Sing-A-Long (LVC) 11:00 Fit & Fun! (LVC) 12:30 Water Exercise 1:30 Gardening (LVC) 2:30 Crossword (FL) 3:00 Computer Word Games (LVC) 6:30 Bingo (CR3)	9:30 Catholic Service (C) 10:00 Word Games (LVC) 11:00 Fit and Fun (LVC) 11:00 Sittercise (CR2) 1:30 Dean Martin Show (LVP) 2:30 Book Club (L) 3:00 Bingo (LVC) 6:00 Bluebeard's Castle 6:30 Movie (C)	9:15 Junction Shopping 10:00 Name That Tune (LVC) 10:45 Exercise (CR2) 11:00 Fit & Fun!-LVC 1:00 Trader Joes 2:00 Sybil W. Memorial (BPL) 2:00 Wine & Cheese (LVC) 3:00 Tai Chi (CR 2) 4:00 Men's Group (BPL)	10:00 Pet Palooza (Auburn) 11:00 Sittercise (CR2) 1:30 Matinee Movie (LVC) 3:30 Bingo (CR3) 6:30 Movie (C)		

Extra, Extra, Read All About It!

Our Kenney Family

Even the birds are part of our community!



Mother's Day Trivia

1. When was the first Mother's Day Observed?
2. Identity the famous name associated with Mother's day.
3. Which country was the first to recognize Mother's Day?
4. What was Mothering Sunday?
5. What brought an end to Mothering Sunday?



1. May 10th, 1908, 2. Anna Jarvis, 3. England, 4. The day the household servants returned to be with their mothers, 5. The industrial revolution.

City of Seattle's Waterfront and Seawall Projects

When you think of Seattle's waterfront, what comes to mind? Do you remember the seawall being built? What memories do you have of people or events along the waterfront? Right now, the Elliot Bay Seawall is being rebuilt to improve the future of the waterfront. We also want to celebrate the history. Over the next few weeks, the City of Seattle will collect stories and memories about the waterfront and seawall. Your recollections about this central feature of Seattle's natural, economic, social and cultural history will be compiled and preserved as a bridge between Seattle's past and future. You can send your history in one of three ways:

1. Mail a letter to:
Sonia Palma
Waterfront/Seawall Oral History Project
P.O. Box 34996
Seattle, WA 98124
2. Call 1-877-633-2420 toll-free to record your story.
3. Send an email to seawall@seattle.gov

Be sure to include your name and contact information. A follow up may be arranged for a videotaping. The deadline for submission is June 8th. If you have any questions or would like more information, please call at 206-618-8584.